

# MUSLIM-FRIENDLY

## HIROSHIMA & WESTERN HONSHU



HIROSHIMA / YAMAGUCHI / OKAYAMA / SHIMANE / TOTTORI

# ASSALAMU ALAYKUM. GREETINGS FROM THE CHUGOKU REGION.

As Japan welcomes more and more visitors from around the world, efforts are being made to accommodate a diverse range of dietary needs. Only a limited number of restaurants, hotels and facilities cater to Muslim travelers in the Chugoku Region (located at the western end of Japan's main island of Honshu and made up of the five prefectures of Hiroshima, Okayama, Tottori, Shimane and Yamaguchi). We hope, however, that this guide will be useful to Muslim travelers kind enough to visit our region and help make their stay a pleasant one.

Chugoku Transport and Tourism Bureau  
Chugoku Economic Federation

国土交通省中国運輸局  
(一社) 中国経済連合会

## Note:












Information correct as of January 2018. Please be aware that things do change.

Listings selected under the guidance of Hiroshima Islamic Cultural Center. Please be aware, however, that listings are based upon the declaration of the listed businesses themselves. We do recommend that Muslim diners ask restaurant staff to confirm whether menu items use Halal ingredients or contain any pork or alcohol products when ordering.

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Chugoku Economic Federation  
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## GUIDE TO SYMBOLS

-  Halal-certified meat served
-  No pork or pork-derived ingredients on the premises
-  Vegetarian options available
-  No alcohol or alcohol-derived ingredients on the premises
-  Prayer space available
-  Take out available
-  English menu
-  English spoken
-  Free WiFi
-  Credit Cards accepted
-  Non-smoking

## IF IN DOUBT...

I am a Muslim.  
私は、ムスリムです。

Do you have any dishes that..?

以下の料理の提供は可能ですか。

- Do not contain pork products (including bacon, ham, sausage, lard, gelatin)  
豚や豚由来材料 (ベーコン・ハム・ウィンナー、ラード、ゼラチン等) を含まない料理
- Do not contain alcohol (including cooking wine, sake, mirin rice wine)  
アルコール (料理酒、みりん、酒精等) を含まない料理
- Use Halal meat  
ハラール認証肉を使用した料理

# CHUGOKU REGION



Matsue Castle, Matsue City (松江城)  
© Shimane Prefecture



Tottori Sand Dunes, Tottori City (鳥取砂丘)  
© Tottori Prefecture

- JR Train
- ..... Shinkansen
- Bus

OSAKA  
KYOTO

HIMEJI

OKAYAMA

From Osaka: 45/50 min  
From Hiroshima: 35/40 min

(All times approximate)



Rurikoji Temple, Yamaguchi City (瑠璃光寺)  
© Yamaguchi Prefecture



A-bomb Dome, Hiroshima City (原爆ドーム)  
© Hiroshima Prefecture



Okayama Castle and Korakuen Garden,  
Okayama City (岡山城・後楽園)  
© Okayama Prefecture

# HIROSHIMA

## HIROSHIMA, HIGASHI-HIROSHIMA



- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

**1 Organic cafe**

**KISSA SAEKI**  
喫茶さえき

Average price:  
Lunch ¥1000  
Dinner ¥2000

8:00-20:00 (L.O.19:00)  
Closed Sunday, National Holidays  
[xn--r8jkw5439auu9b.com](http://xn--r8jkw5439auu9b.com)

Prayer space available on request. Private room groups for up to 30.

1-4-25 Kamiya-cho, Naka-ku, Hiroshima | Tel: 082-246-9339

**2 Tempura**

**TEMPURA TENKO**  
天富良 天甲 中町店

Average price:  
Lunch ¥1000  
Dinner ¥4000

11:30-14:00 / 17:00-22:00  
Closed Monday

Private room for groups of 5-10 available with advance reservation.

2F Nakamachi Naganuma Bldg. 5-1 Naka-machi, Naka-ku, Hiroshima | Tel: 082-242-9933

**3 Indian**

**KANAK**  
カナック

Average price:  
Lunch ¥1000  
Dinner ¥1600

11:00-15:00 (L.O.14:30)  
17:00-22:30 (L.O.22:00)  
[kanak-hiroshima.com/en](http://kanak-hiroshima.com/en)

Prayer space unavailable when busy.

2-2-10 Ote-machi, Naka-ku, Hiroshima | Tel: 082-236-7308

**4 Turkish**

**KARŞIYAKA**  
カルシヤカ

Average price:  
Lunch ¥1300  
Dinner ¥3500

11:30-14:30 (L.O.14:00) / 17:30-23:30  
Closed Monday (unless Monday is a Nat Hol, in which case closed Tuesday)

Prayer space unavailable when busy.

2-6-20 Ote-machi, Naka-ku, Hiroshima | Tel: 082-247-2202

**5 Indonesian**

**WARUNG MATAHARI**  
インドネシア屋台 ワルンマタハリ

Average price:  
Lunch ¥2500  
Dinner ¥2500

17:30-23:00 (L.O.22:30)  
Closed Monday  
[www.warungmatahari.com](http://www.warungmatahari.com)

Indonesian cuisine prepared by a Balinese owner-chef.

5-8-13 Ote-machi, Naka-ku, Hiroshima | Tel: 082-240-2082

**6 Indian, Asian**

**SAPANA**  
サバナ

Average price:  
Lunch ¥1000  
Dinner ¥1500

11:00-15:00 (L.O.14:30)  
17:00-23:00 (L.O.22:30)

Groups of up to 30. Many vegetarian options.

2-10-18 Tokaichi-machi, Naka-ku, Hiroshima | Tel: 082-233-1326

**7 Indian, Nepali**

**NAMASTE ASSE**  
ナマステ ASSE 店

Average price:  
Lunch ¥1000  
Dinner ¥2000

11:00-22:00 / Occasional holidays when shopping center closed  
[namaste-in.com](http://namaste-in.com)

Inside Hiroshima Station building ASSE

6F ASSE 2-37 Matsubara-cho, Minami-ku, Hiroshima | Tel: 082-568-0045

**8 Thai curry**

**J&T AIGAKE CURRY**  
J&T あいがけカレー

Average price:  
Lunch ¥600  
Dinner ¥600

Mon-Fri 10:30-19:00 / Sat, Sun, Nat Hols 10:30-17:00 (occasional holidays)  
<http://bit.ly/jtaigakecurry>

4 kinds of Halal-certified Thai curries.

1-6-30 Hikari-machi, Higashi-ku, Hiroshima | Tel: 082-261-6240

- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

**9 Vegan, International**

**SAISHOKU-KENBI**  
菜食健美

Average price:  
Lunch ¥1000  
(Dinner ¥2500)

11:00-16:00 (L.O.15:00)  
Closed Tuesday & occasional holidays  
[daisho-kikaku.com/hiroshima](http://daisho-kikaku.com/hiroshima)

10 min by taxi from Nishi-hiroshima. Dinner available for groups of 4 or more with reservation 3 days in advance. Private bookings OK. Prayer space occasionally unavailable.

4-32-2 Koi-ue, Nishi-ku, Hiroshima | Tel: 082-271-3770

**10 Cafe**

**HARA DONUTS**  
はらドーナツ広島店

Price:  
¥110~

10:00-20:00  
[haradonuts.jp/hiroshima.html](http://haradonuts.jp/hiroshima.html)

Healthy preservative-free soy donuts.

3-13 Mikawa-cho, Naka-ku, Hiroshima | Tel: 082-240-0826

**11 Grocery**

**HIROSHIMA HALAL FOOD**  
広島ハラールフード

11:00-19:00  
Closed Tuesday

4-14 Kojin-machi, Minami-ku Hiroshima | Tel: 090-9463-2577

**12 Grocery & Prayer space**

**HALAL SHOP ALI**  
ハラールショップ アリ

10:00-20:00 Closed Tuesday  
[www.facebook.com/Halalshopali](http://www.facebook.com/Halalshopali)

3F 7 Saijo-asahi-machi, Higashi-hiroshima | Tel: 080-3725-3044

**13 Prayer space**

**HIROSHIMA ISLAMIC CULTURAL CENTER**  
広島イスラーム文化センター  
[www.hiroshima-icc.org](http://www.hiroshima-icc.org)

4F 2786-1 Taguchi, Saijo-cho, Higashi-hiroshima

**14 Prayer space**

**HIROSHIMA CITY MUSHALLA**  
広島市ムシャラー

301 Takei Bldg. 2-7-23 Kasumi, Minami-ku, Hiroshima

## HALAL-CERTIFIED TREATS

PERFECT TO TAKE HOME AS GIFTS



**Halal-certified versions of Miyajima's most popular gifts, now available courtesy of Yamada-ya**

You will see little maple-leaf-shaped cakes stuffed with sweet fillings all over Miyajima and almost every Japanese visitor will take a box home to share with friends, family and coworkers. Yamada-ya has been making *momiji-manju* for 85 years and they are the first company to make a **Halal-certified version**. You can buy cakes filled with *koshian* (sweet bean paste) in boxes of 10. Less sweet are Yamada-ya's *shakushi-senbei* which are also Halal-certified.



## Kids will love these cute Halal-certified Japanese sweets from Okayama

In Okayama, *kibi-dango* is the souvenir everyone takes home. These *wagashi* sweet cakes, associated with the Momotaro fairy tale that all Japanese children grow up with, come in delightful packages depicting Momotaro, his animal companions and the demons they defeat. Confectionery company Koeido, which has been making sweets since 1856, has a range of **nine Halal-certified flavors** to choose from.



© koeido

# YAMAGUCHI

## YAMAGUCHI



### YAMAGUCHI CITY



**1 Indian**

**SHIVA**  
シバ本店


Average price:  
Lunch ¥1000  
Dinner ¥1600

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🌱
🚫🍷
🧘
👉
📦

11:00-23:00

🇬🇧
💳
🚫

2-7-45 Itoyone, Yamaguchi | Tel: 083-932-4800



**2 Univ. cafeteria**

**YAMAGUCHI UNIV. COOP BUONO** ボーノ

Average price:  
Lunch ¥450  
Dinner ¥450

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📦

Monday-Friday 08:00-20:00  
Saturday 10:00-14:00  
Closed Sunday, National Holidays

🇬🇧
🚫

1677-1 Yoshida, Yamaguchi | Tel: 083-995-2706

Only open Mon-Fri 11:00-14:00 in February, March, August, September

- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

# OKAYAMA

## OKAYAMA





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- No alcohol used in cooking
- Prayer space available
- Take out available

**1 Shabu-shabu, Sukiyaki**

**HITORI NABE MEGU**  
ひとり鍋 恵

Average price:  
Lunch ¥1200  
Dinner ¥2500

11:00-14:00 (L.O.13:30)  
17:30-22:00 (L.O.21:00)  
Closed Tuesday

With advance notice will prepare feet washing facilities in the bathroom.

2-1 Tenjin-cho, Kita-ku, Okayama | Tel: 086-289-5341

**2 Indian**

**MILENGA**  
ミレンガ

Average price:  
Lunch ¥800  
Dinner ¥1500

11:00-21:00  
Closed the 1st Tuesday of the month  
milenga.themarket.co.jp

Restaurant certified Halal

1F Oka Bldg 1-3-3 Nodaya-cho, Kita-ku, Okayama | Tel: 086-206-2289

**3 Udon**

**MATSUSHITA UDON**  
松下うどん

Average price:  
Lunch ¥500  
Dinner ¥600

11:00-19:00 (until sold out)  
Closed the 1st Tuesday of the month

Halal soup available upon request. Prayer space nearby at Milenga.

1F Oka Bldg 1-3-3 Nodaya-cho, Kita-ku, Okayama | Tel: 086-227-0012

**4 South American**

**PERU GRILL**  
ペルーグリル

Average price:  
Lunch ¥1000  
Dinner ¥2000

11:00-15:00 (L.O.14:30) / 18:00-22:00 (L.O.21:30) / Sun 18:00-21:00 (L.O.20:30)  
Closed Tuesday / www.perugrill.jp

Reservations by telephone or email required by previous day.

1-8-33 Omote-cho, Kita-ku, Okayama | Tel: 086-201-7275

**5 Cafe**

**CAFE MONI**  
カフェモニ

Average price:  
Lunch ¥850  
Dinner ¥1100

11:30-23:00  
industries-moni.com

Cafe and wide dessert menu. Muslim friendly menu available.

10-22 Honmachi, Kita-ku, Okayama | Tel: 086-231-5455

**6 Japanese**

**RYUTEI TAMACHI**  
Ryoutei 田町店

Average price:  
Lunch  
Dinner ¥4000

17:00-24:00 (L.O.23:30)  
www.233-3959.com

(Visa only)

¥2000, ¥3000, ¥4000 Halal courses, reservation 2 days in advance. Service not provided in Dec, March

1-6-19 Tamachi, Kita-ku, Okayama | Tel: 086-233-3959

**7 Donuts**

**MALASADA DONUTS**  
マラスダドーナツのお店

Price:  
¥150~

Tue-Fri 11:00-19:00  
Sat, Sun, Nat Hols 11:00-18:00  
Closed Monday

Donuts marked with a peach logo are Muslim-friendly.

3-1-28 Tsushima-kyomachi, Kita-ku, Okayama | Tel: 086-253-6661

**8 Prayer space**

**OKAYAMA ROYAL HOTEL**  
岡山ロイヤルホテル  
www.orh.co.jp  
Please ask at reception before use.

2-4 Ezu-cho, Kita-ku, Okayama | Tel: 086-255-1111

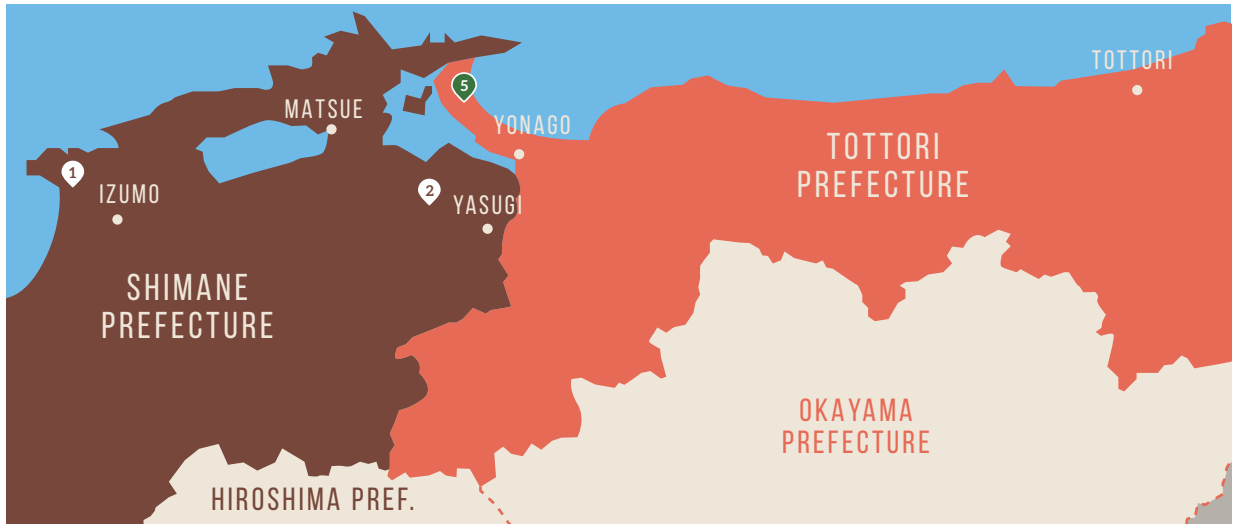
**9 Prayer space**

**OKAYAMA ISLAMIC CENTER**  
岡山イスラミックセンター

2-1-7 Tsushima-higashi, Kita-ku, Okayama

# SHIMANE TOTTORI

MATSUE, IZUMO, TOTTORI, YONAGO



**1 Vegan**

**VEGE CAFE MANAINA**  
ベジカフェまないな

Average price:  
Lunch ¥1000  
Dinner

11:00-15:00 / Closed Mon, Tue, Wed, Thur, and January to March  
manai7.tumblr.com

Occasionally closed in Winter.

7 Kizuki-higashi, Taisha-cho, Izumo | Tel: 0853-53-5560

**2 Japanese ryokan**

**CHIKUYOU**  
竹葉

Average price:  
Lunch ¥1450  
Dinner ¥4000

11:30-14:00 / 18:00-21:00  
Occasional holidays  
english.chikuyou.jp / info@chikuyou.jp

Reservation 3 days in advance required for Halal course meal. Groups of up to 40.  
Overnight stay and use of private bath available.

438 Furukawa-cho, Yasugi | Tel: 0854-28-6231

**3 Univ. cafeteria**

**SHIMANE UNIV. COOP**  
NIKORA 2F ニコラ

Average price:  
Lunch ¥500  
Dinner

11:00-14:00 (L.O.13:30)  
Closed Sat, Sun, Nat Hols  
www.shimadai.coop

Shimane Mosque located in front of the university gates.

1060 Nishi-kawatsu-cho, Matsue | Tel: 0852-32-6246

**4 Indian**







**SPICE**  
インド料理スパイス

Average price:  
Lunch ¥1300  
Dinner ¥1700

11:30-22:00 (L.O.21:30)  
Closed Tuesday (open if National Holiday)  
www.spice-matsue.com

1-16-26 Gakuen, Matsue | Tel: 0852-27-7720

- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

-  Halal-certified meat served
-  No pork cooked on premises
-  Vegetarian options available
-  No alcohol used in cooking
-  Prayer space available
-  Take out available

1 Japanese



**GOHAN-YA SHIN**  
ごはん屋進

Average price:  
Lunch ¥700  
Dinner ¥900









11:00-20:00  
Closed Sunday  
[gohanya-shin.jimdo.com](http://gohanya-shin.jimdo.com)







Inside the Palette Tottori shopping center.  
1F 323-1 Yayoi-cho, Tottori | Tel: 0857-24-6141

2 Organic cafe







**HANA-AMI**  
はなあみ

Average price:  
Lunch ¥1200  
Dinner

11:30-16:00  
Closed Sunday, Monday  
[nanahanaami.tumblr.com](http://nanahanaami.tumblr.com)

Reservation by telephone 7 days in advance required.  
75-4 Fukuichi, Yonago | Tel: 0859-57-4894

3 Vegan



**HIBI-NO-KATE**  
日々の糧

Average price:  
Lunch ¥1000  
Dinner ¥1500








11:00-15:00 / 17:00-21:00 (L.O.20:30)  
Closed Sunday  
[hibinokate.com](http://hibinokate.com)

Reservation by email 2 days in advance required. Accomodation of other dietary needs also possible.  
2F 197 Meiji-cho, Yonago | Tel: 0859-34-3773

4 Prayer space



**TOTTORI MASJID**  
鳥取 Masjid

[www.facebook.com/islamtottori](http://www.facebook.com/islamtottori)

5-677 Koyama-cho-minami, Tottori (Near University of Tottori)

5 Prayer space



**YONAGO KITARO AIRPORT**  
米子鬼太郎空港

[www.yonago-air.com/eng](http://www.yonago-air.com/eng)

Multi-purpose room for prayers. Please ask at the info counter.  
1634 Sainokamicho, Sakaiminato | Tel: 0859-45-6121

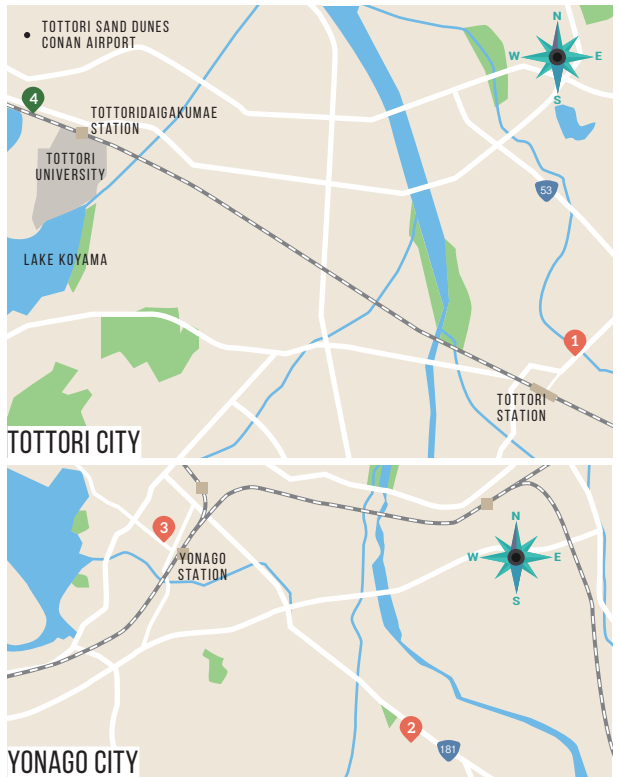
6 Prayer space



**SHIMANE MOSQUE & ISLAMIC CULTURAL CENTER**  
島根モスク・イスラーム文化センター

[www.facebook.com/shimanemosque](http://www.facebook.com/shimanemosque)

3F Sakata Bldg. 2-16-24 Gakuen, Matsue



# I'M AFRAID I CAN'T EAT~

すみませんが~を食べられません。  
(sumimasen ga ~ o taberaremasen)

**BEEF**



牛肉  
gyū-niku

**PORK**



豚肉  
buta-niku

**CHICKEN**



鶏肉  
tori-niku

**FISH**



魚類 (鰹節など)  
gyo-ruī

**BEEF STOCK**



牛出汁  
gyū-dashi

**PORK STOCK**



豚出汁  
buta-dashi

**CHICKEN STOCK**



鶏出汁  
tori-dashi

**FISH STOCK**



魚出汁  
sakana-dashi

**SHELLFISH**



貝 / 甲殻類  
kai / kōkaku-ruī

**EGG**



卵  
tamago

**MILK**



牛乳  
gyūnyū

**CHEESE**



チーズ  
chīzu

**BUTTER**



バター  
batā

**REFINED SUGAR**



白砂糖  
shiro-zatō

**HONEY**



蜂蜜  
hachimitsu

**SOY**



大豆  
daizu

**PEANUTS**



ピーナッツ  
pīnattsu

**NUTS**



ナッツ  
nattsu

**GLUTEN**




グルテン  
guruten

**ALCOHOL**



アルコール  
arukōru

 "X" out the foods you wish avoid and show when ordering.